## Dances of Universal Peace

An Evening Workshop with Dominic Ashmole



Sanctuary, Augustine United Church, 41 George IV Bridge, Edinburgh, EH1 IEL Saturday 4 October 2014

Registration: 5.30am-6pm. Evening Workshop: 6pm-9pm

Cost: £10/£8 (Concessions). For a Registration Form: Contact: Neill Walker, mesp2014@hotmail.co.uk, 0131 331 4469

The Dances of Universal Peace are a powerful group spiritual practice originating in Sufism. We sing or chant sacred phrases while dancing in a circle. By opening our voices and hearts, dancing together and honouring sacred traditions of many different peoples and times, we may experience feelings of connectedness, joy, playfulness, healing and strength.

Dominic Ashmole has been leading Dances of Universal Peace since 2007. Under the guidance of his teacher, Philip O'Donohoe, he became a certified leader in November 2010.

Organised by the Edinburgh International Centre for Spirituality and Peace, EICSP, Scottish Charity, SC038996. www.eicsp.org