

Saturday 10 December 2016

Day Workshop:

Scotland's Wells and Healing Springs



**Facilitator:
Valerie Gillies**

Roam freely among the wells and healing springs, brighten your memory and refresh your imagination on this journey to sacred places. You will hear the voice of Scotland through her wells and springs, natural phenomena which are valued by all world cultures. You are invited to experience these landmark sites: legendary locations with their own compelling stories and the tales of wandering saints to tell.

Valerie Gillies, poet and collaborative artist, is the author of *The Spring Teller* and *The Cream of the Well* (both from Luath, Edinburgh) and other books of poetry. She facilitates the Creative Writing and Journalling groups at Maggie's Cancer Care Centre, Edinburgh, and is a course leader for Lapidus, Creative Words for Health and Wellbeing. A spiritual director with the Epiphany Group, she is a member of Contemplative Outreach.

Venue	Sanctuary, Augustine United Church, 41 George IV Bridge, Edinburgh, EH1 1EL
Time	Registration: 9.30am-10am. Day Workshop: 10am-5pm
Cost	£50/£40 (Concessions) / £20 (Students)

For a Registration Form: Contact: Neill Walker, mesp2016@hotmail.com, 0131 331 4469