



A Sufi Perspective on Healing - ourselves, others and the planet



This is the third in the series of one-day “Sufi Perspectives” workshops

Apart from our words, there are so many ways in which we can give support to other people – an empathic glance, the touch of our hand, bringing ourselves into rapport with the other person through our breath, and the kind of listening called by Sufis simple presence.

During this workshop we will work experientially in various ways, maybe in small groups, bringing healing to ourselves and developing our understanding of the healing we can transmit to others and to the environment.

Sacred words and chants of the Dances of Universal Peace will be part of this process – also other Sufi practices involving breath, walking meditations and sitting in silent meditation. Readings from various Sufi mystics will be included.

The Healing Ritual, as given to his followers by Sufi mystic Hazrat Inayat Khan, may also be included. This is for sending healing to people not present in the workshop, who have requested it.

Fateah Alice Saunders has been following a Ruhaniat Sufi path for over 20 years and previously trained for several years in psychotherapy, counseling skills and healing. She is recognized as a Healing Conductor in the Dervish Healing Order. Having trained for many years with several senior Ruhaniat teachers in the UK and US, Fateah leads Sufi sessions and Dances of Universal Peace in Edinburgh, further afield in Scotland such as the Orkney Islands, and has done outreach work overseas in Japan, Germany, Czech Republic and Latvia.

Musical support from Gavin and Clare.

Venue: Sanctuary, Augustine United Church, 41 George IV Bridge, Edinburgh EH1 1EL

Date: Saturday 31 October 2015

Time: 9.30 for start at 10.00am until 5.00pm

Cost: £25 (£20 concession)

For registration please contact Neill Walker:

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This event is supported by the Edinburgh International Centre for Spirituality and Peace (EICSP)

www.mesp.org.uk

Fateah delights in introducing the Sufi path to newcomers and welcomes queries at any time. You can contact her by phone or e-mail.

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She is currently leading a twice-monthly Sufi Healing Hour at the Salisbury Centre, Edinburgh on Wednesday afternoons:

www.salisburycentre.org

